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Nutrition Counseling Insurance Coverage

Coverage for nutrition counseling with a Registered Dietitian Nutritionist, also known as **Medical Nutrition Therapy (MNT)**, varies with each insurance plan. Some plans cover unlimited MNT visits as part of preventive care while other plans cover a certain number of hours or visits per year.

As a courtesy, we will attempt an insurance benefits check for you if desired. However, **patients are ultimately responsible for determining coverage with their insurance carrier.** Here are some questions that may be helpful in determining coverage with your particular insurance plan:

- What is my benefit for Medical Nutrition Therapy? _____
- Is MNT only covered for certain diagnoses (such as diabetes) or for any reason? _____
- Do I need a referral from my doctor? _____
- How many hours or visits are covered per year for the following billing codes?
 - Initial Visit CPT Code 97802: _____
 - Follow-up Visits CPT Code 97803: _____
 - Group Visits CPT Code 97804: _____
- Is there a co-payment for MNT appointments? _____
- Do these appointments apply toward my deductible? _____
- Is Sound Dietitians an in-network or preferred provider with my insurance: _____

Scheduling Appointments

Please discuss with your primary care provider, as he/she will typically need to send a referral for these appointments. Once we receive a referral, we will reach out to you regarding insurance coverage and scheduling. If you have not heard from us and would like to schedule nutrition counseling with one of our Registered Dietitian Nutritionists, please call: **(425) 409-3544.**